

# **ECEAP Reminders and Links**

**January 1, 2010** 

E-mail: <a href="mailto:eceap@del.wa.gov">eceap@del.wa.gov</a>
Web: <a href="mailto:www.del.wa.gov/eceap">www.del.wa.gov/eceap</a>

#### **Due Dates**

Submit December Monthly Report Forms & Voucher
Correct all error/incomplete records in EMS
Complete health and developmental screenings (Standards D- 7 and E-10)
Complete dental screenings (Standard D- 8)
Complete medical exams (Standard D- 9)
Complete requests for Confidential Client Contact Information February 1

## **ECEAP Updates and Announcements**

## **DEL Can Help You Find Eligible Children**

Annually, DEL provides ECEAP Contractors with contact information about potentially eligible children, obtained from the Department of Social and Health Services (DSHS). Request this information by completing the Confidential Client Contact Information form at <a href="https://www.del.wa.gov/publications/eceap/docs/RequestConfidentialClientInfo.doc">www.del.wa.gov/publications/eceap/docs/RequestConfidentialClientInfo.doc</a>. Note the instructions on the second page.

The form, due February 1, lets DEL know which zip codes you recruit within. You will receive a CD, by March 15, with names and addresses of DSHS client families with children who may be age- and income-eligible for ECEAP. These data are to be used solely for ECEAP recruitment and enrollment purposes and must be kept confidential. Each person with access to these data must sign the Nondisclosure Form available at <a href="https://www.del.wa.gov/publications/eceap/docs/NondisclosureForm.doc">www.del.wa.gov/publications/eceap/docs/NondisclosureForm.doc</a>. The original of this form must be sent to DEL, and a copy kept with your records.

#### **ECEAP Contract Amendments**

Your contract amendment will arrive by e-mail to your Director during the first weeks of January. This adds a stipend for your ECEAP outcomes data reports, due June 30, 2010. Once we learned which programs were participating in the pilot portions of this project, we were able to increase your stipend by 50% over the original plan. We will send you a revised A-19 invoice voucher in May, for the final billing that will include this extra payment point.

## **SAVE THE DATE for DEL ECEAP Directors Meeting**

DEL is sponsoring a two-day ECEAP Directors Meeting on April 15 and 16, 2010, at the Lacey Community Center. The agenda will be developed in discussion with your Steering Committee. Please contribute your agenda ideas to your Steering Committee representative. For more information and to register, go to del.wa.gov/publications/eceap/docs/SpringECEAPdirectors.doc

## e-DECA Security Reminder

To maintain the security of e-DECA data, it is important to close the Internet after each use of e-DECA. Otherwise, your computer may store "cookies" with your ID and password, allowing the next user to access your level of e-DECA. This is especially important when one computer is used for people with classroom-level access and people with program-wide access. So, please remember, logging out is a two-step process – log out, then close the Internet session entirely. If you have e-DECA questions, contact:

Susan Damico, Operations Director, Devereux Early Childhood Initiative <a href="mailto:SDamico@Devereux.org">SDamico@Devereux.org</a>, (610) 542-3108.

## **State Early Learning Plan**

On December 1, DEL, the Office of Superintendent of Public Instruction (OSPI) and Thrive by Five Washington delivered a draft long-term plan for building a statewide early learning system to the Governor. They also included recommendations for how to begin implementation in 2010. Both the draft plan and the recommendations can be found online at www.del.wa.gov/partnerships/elac/elp.aspx, along with a survey to offer your feedback.

#### **Food Code Revision**

Over the next year, the state Department of Health (DOH) will revise the state food safety laws, known as the "food code." DOH will focus on facilities that provide services for young children such as licensed child care, ECEAP and Head Start. The goals are to reduce regulatory gaps and overlaps and make food safety inspection of early childhood programs more consistent. DEL will participate on the DOH workgroup and is interested in your input. If you have any suggestions, comments, or concerns regarding the food code and how it is applied (or not applied) to your program, send them to ECEAP Specialist Jonathan Green at <a href="mailto:jonathan.green@del.wa.gov">jonathan.green@del.wa.gov</a>.

#### Health

#### **H1N1**

The links below are to fact sheets from the Office of Head Start, in English and Spanish and for diverse groups.

## Protect yourself from H1N1. Get the vaccine.

- English for African Americans <u>www.cdc.gov/flu/freeresources/2009-</u> 10/pdf/09 h1n1 vaccine safety ver2.pdf
- English for Asian and Pacific Islanders <u>www.cdc.gov/flu/freeresources/ 2009-10/pdf/09\_h1n1\_vaccine\_safety\_ver4.pdf</u>
- English for American Indian and Alaskan Natives <u>www.cdc.gov/flu/freeresources/2009-10/pdf/09\_h1n1\_vaccine\_safety\_ver1.pdf</u>
- English for multicultural audiences <u>www.cdc.gov/flu/freeresources/2009-10/pdf/09\_h1n1\_vaccine\_safety\_ver3.pdf</u>
- Spanish <u>www.cdc.gov/flu/freeresources/2009-</u> 10/pdf/09\_h1n1\_vaccine\_safety\_sp.pdf

#### You and the H1N1 flu vaccine

- English version <u>www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1\_safety\_flyer.pdf</u>
- Spanish Version <u>www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1 safety flyer sp.pdf</u>

## Children should get the vaccine

- English version <u>www.cdc.gov/flu/freeresources/2009-10/pdf/09\_h1n1\_children.pdf</u>
- Spanish version <u>www.cdc.gov/flu/freeresources/2009-10/pdf/09\_h1n1\_children\_sp.pdf</u>

## **Cover Your Cough**

- English version <u>www.cdc.gov/flu/protect/pdf/cdc\_cough.pdf</u>
- Spanish version <u>www.cdc.gov/flu/protect/espanol/pdf/covercough\_school\_8x11\_sp.pdf</u>

### Heard a rumor about H1N1? Check your facts at:

- www.flu.gov/myths/index.html?WT.mc\_id=fluMyths\_Nov09&WT.mc\_ev=click
- 1-800-CDC-INFO (1-800-232-4636) in English and Spanish, 24 hours a day.

For information on where H1N1 vaccinations are available in Washington State, see <a href="https://www.doh.wa.gov/h1n1/h1n1\_getvaccine.htm">www.doh.wa.gov/h1n1/h1n1\_getvaccine.htm</a>.

Find more one-page handouts related to the seasonal and H1N1 flu at <a href="https://www.flu.gov/know.html?WT.mc\_id=fluEssentials\_Nov09&WT.mc\_ev=click">www.flu.gov/know.html?WT.mc\_id=fluEssentials\_Nov09&WT.mc\_ev=click</a>.

## **Training Opportunities**

Supporting Language Development for Children Who Are Dual Language Learners, January 20, 11 to 12:30 p.m. This Office of Head Start Webcast includes:

- How do young children learn two languages?
- What are the benefits of speaking two or more languages?
- How can programs support dual language learners?
- What are some exemplary practices for multilingual classrooms?

No registration is necessary. View the Webcast at <a href="www.eclkc.ohs.acf.hhs.gov/hslc">www.eclkc.ohs.acf.hhs.gov/hslc</a>. See resource materials at <a href="www.eclkc.ohs.acf.hhs.gov/hslc/Dual%20Language%20Learners">www.eclkc.ohs.acf.hhs.gov/hslc/Dual%20Language%20Learners</a>.

**Understanding the Needs of Children in the Foster Care System**, January 15, 1 to 3 p.m. This Washington State Head Start/ECEAP Training Consortium (WSTC) Webinar includes:

- How and why children enter the foster care system
- The range of placements possible, when and why children may need to move
- The key players and their unique roles
- Staff roles in advocating for and providing support to the child

Cost per participant is \$60 for WSTC members and \$90 for non-members.

Register at www.wsaheadstarteceap.com/events training.html.

Questions: Katy Warren at 253.373.9100 or <a href="mailto:katy@wsaheadstarteceap.com">katy@wsaheadstarteceap.com</a>.

**Understanding and Meeting the Needs of Children with Autism**, Part 1 - January 29, 1:30 to 3:30 p.m. and Part 2 - February 5, 1:30 to 3:30 p.m. Topics include:

- Defining autism
- What causes autism?
- Identifying three types of autism
- Common characteristics and behaviors
- What children with autism need
- Classroom set-up
- Strategies for managing behaviors in children with autism
- Communicating concerns to parents

Cost per participant, \$95 for WSTC members, \$130 for non-members.

Register at www.wsaheadstarteceap.com/events training.html.

Questions: Katy Warren at 253.373.9100 or katy@wsaheadstarteceap.com.

Child Welfare League of America National Conference, January 25 to 27, Marriott Wardman Park Hotel, Washington, D.C. E-mail <a href="mailto:celebrate2010@cwla.org">celebrate2010@cwla.org</a> for more information.

#### **Resource Links**

**Obesity Prevention** The study examines what Head Start programs throughout the country are doing — and not doing — to provide children with healthy food and exercise. archpedi.ama-assn.org/cgi/content/short/163/12/1144?home

**Teaching children empathy** Linda Filley-Bentler from the Roots of Empathy program explains how teaching your children how to feel compassion will help their emotional development.

king5.com/news/learning-for-life/Learning-for-Life-Teaching-your-child-empathy-towards-others-79654282.html

**Reclaiming 'play' for children** Play is an important part of children's lives. Exploratory and interactive play benefits the cognitive, social, and physical development of young children, and this is well documented by decades of empirical research. www.times-standard.com/othervoices/ci\_14032336

**Health Resources** Find information on many early childhood health topics at this Website provided by Healthy Child Care America, a program of the American Academy of Pediatrics. <a href="www.healthychildcare.org/resourcelibrary.html">www.healthychildcare.org/resourcelibrary.html</a>

The **Head Start Emergency Preparedness Manual** is now available at <a href="mailto:eclkc.ohs.acf.hhs.gov/hslc/Program%20Design%20and%20Management/Head%20Start%20Requirements/IMs/2009/resour\_ime\_009\_121409.html">ime\_009\_121409.html</a>.

**Tracking children's readiness** Getting children prepared for kindergarten is a mutual goal for both early childhood providers and schools. But it's a yardstick that Oregon and local officials are having a hard time creating.

www.statesmanjournal.com/article/20091220/NEWS/912200343/1001/news

**Achievement gap** A new report sponsored by the U.S. Department of Education finds that black children's academic skills lag behind their peers before they enter kindergarten.

www.triangletribune.com/index.php?src=news&refno=3008&category=News

**Back to nature, rain or shine** Schools around the country have been planting gardens and planning even more elaborate field trips in hopes of reconnecting children with nature. <a href="https://www.nytimes.com/2009/11/30/nyregion/30forest.html?\_r=1&bl">www.nytimes.com/2009/11/30/nyregion/30forest.html?\_r=1&bl</a>

**Preschool gets scientific** Children in the Somerville Preschool Program now do science experiments and simple math.

www.nj.com/reporter/index.ssf/2009/12/keeping\_in\_tune\_with\_new\_nj\_st.html

Early experiences have lifelong impact on child's brain Recent research on the brain development of young children demonstrates that positive experiences and environments are critical to their healthy development. This raises the question about how best to promote the cognitive, social and emotional development for children. <a href="https://www.statesmanjournal.com/article/20091220/OPINION/912200323/1049">www.statesmanjournal.com/article/20091220/OPINION/912200323/1049</a>

**2009 Child and Youth Well-Being Index Report** This year's Child Well-Being Index (CWI) is an updated measure of trends from 1975 to 2007, with projections for 2008. It includes economic well-being, health, safety, educational attainment, community connectedness, social relationships and emotional/spiritual well-being. <a href="https://www.fcd-us.org/usr\_doc/Final-2009CWIReport.pdf">www.fcd-us.org/usr\_doc/Final-2009CWIReport.pdf</a>



You can't be too careful what you tell a child because you never know what [s]he'll take hold of and spend the rest of his life remembering you by.

Frederick Buechner